



## Law Student Wellness and Digital Disruption

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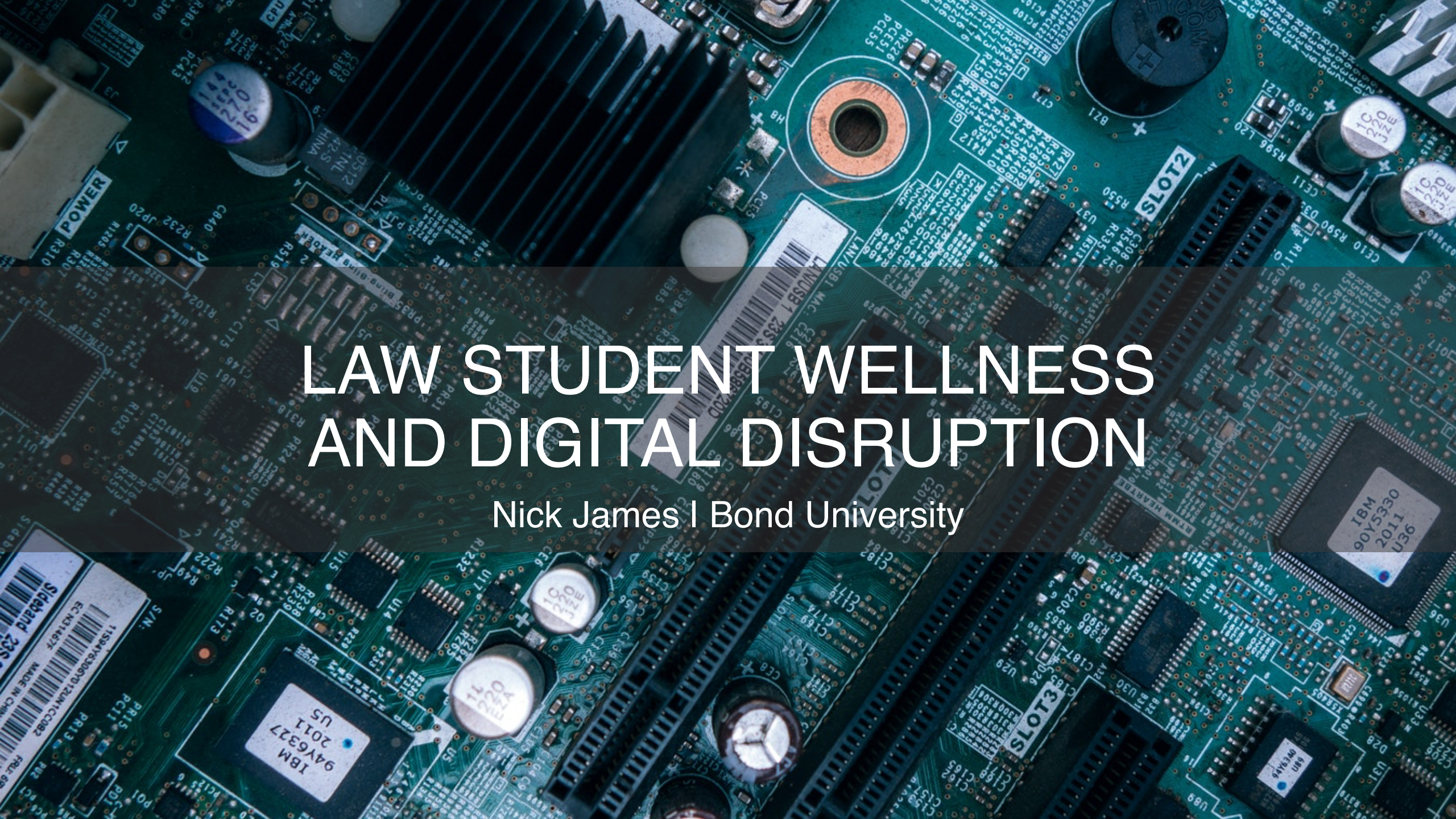
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# LAW STUDENT WELLNESS AND DIGITAL DISRUPTION

Nick James | Bond University



# Overview

1. A time of transformation
2. The impact of disruption upon wellness
3. Ten reasons to feel positive about disruption







# Internationalisation





Diversification



A close-up photograph of a person's hand with purple nail polish touching a tablet screen. The background is blurred, showing warm light and parts of the device. A semi-transparent dark horizontal band is centered across the image, containing the text 'Emergent technologies' in white.

# Emergent technologies





## Twelve potentially economically disruptive technologies

The noise about the next big thing can make it difficult to identify which technologies truly matter. The McKinsey Global Institute has attempted to sort through the many claims in order to identify the technologies that have the greatest potential to drive substantial economic impact and disruption by 2025. The technologies identified below have potential to affect billions of consumers, hundreds of millions of workers and trillions of dollars of economic activity across industries.



**Mobile Internet** Increasingly inexpensive and capable mobile computing devices and Internet connectivity



**Autonomous and near-autonomous vehicles** Vehicles that can navigate and operate with reduced or no human intervention



**Next-generation genomics** Fast, low-cost gene sequencing, advanced big data analytics, and synthetic biology ("writing" DNA)



**Energy storage** Devices or systems that store energy for later use, including batteries



**3D printing** Additive

**Automation of knowledge work** Intelligent software systems that can perform knowledge work tasks involving unstructured commands and subtle judgements.



**The Internet of Things** Networks of low-cost sensors and actuators for data collection, monitoring, decision-making and process optimization



**Cloud technology** Use of computer hardware and software resources delivered over a network or the Internet, often as a service



**Advanced robotics** Increasingly capable robots with enhanced senses, dexterity and intelligence used to automate tasks or augment humans



**Advanced oil and gas exploration and recovery** Exploration and recovery techniques that make extraction of unconventional oil and gas economical



**Renewable energy** Generation of electricity from renewable sources with reduced harmful climate impact

Source: *Disruptive technologies: Advances that will transform life, business, and the global economy* – McKinsey Global Institute

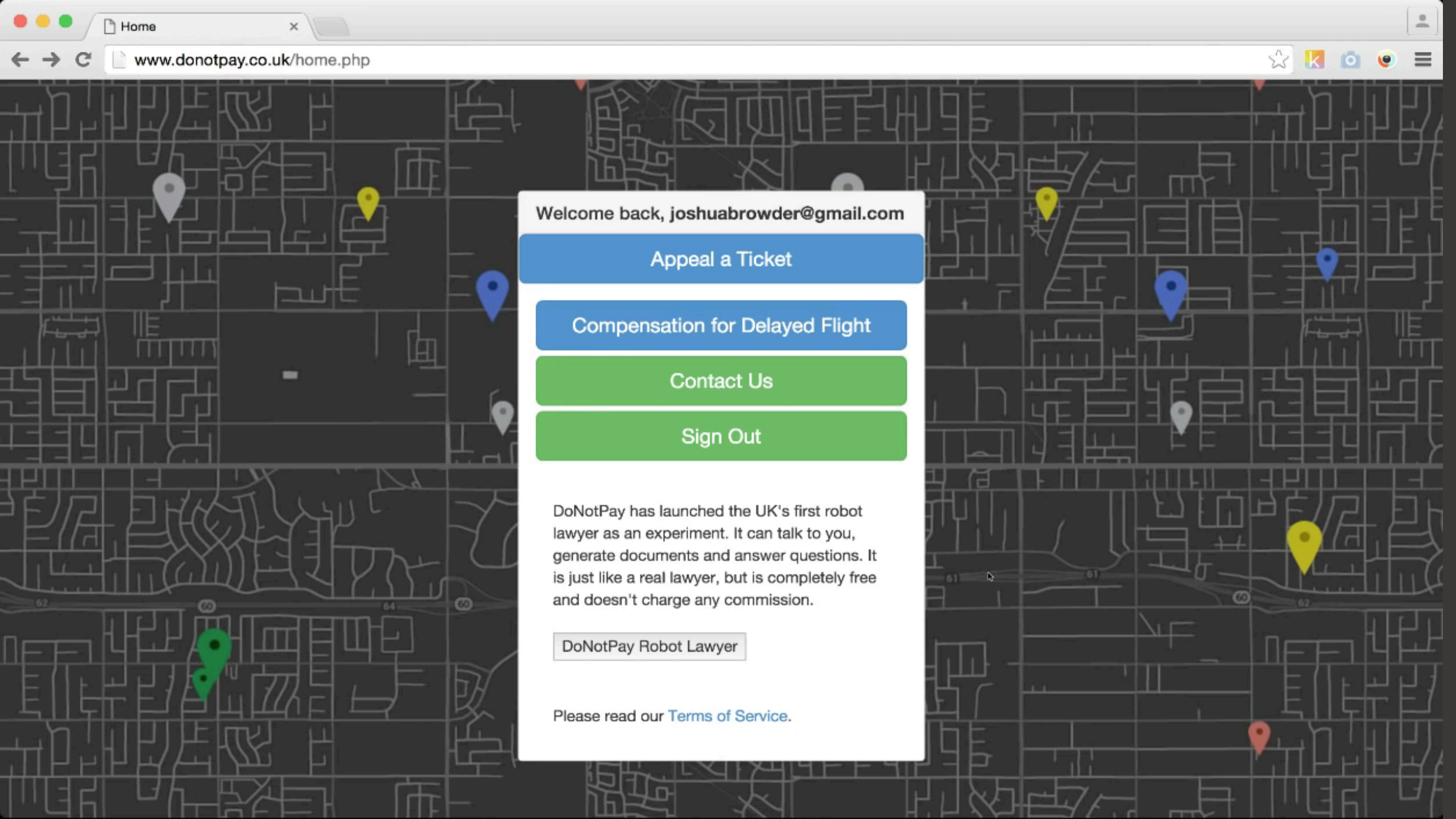


What can I help you with?



H|





Welcome back, **joshuabrowder@gmail.com**

Appeal a Ticket

Compensation for Delayed Flight

Contact Us

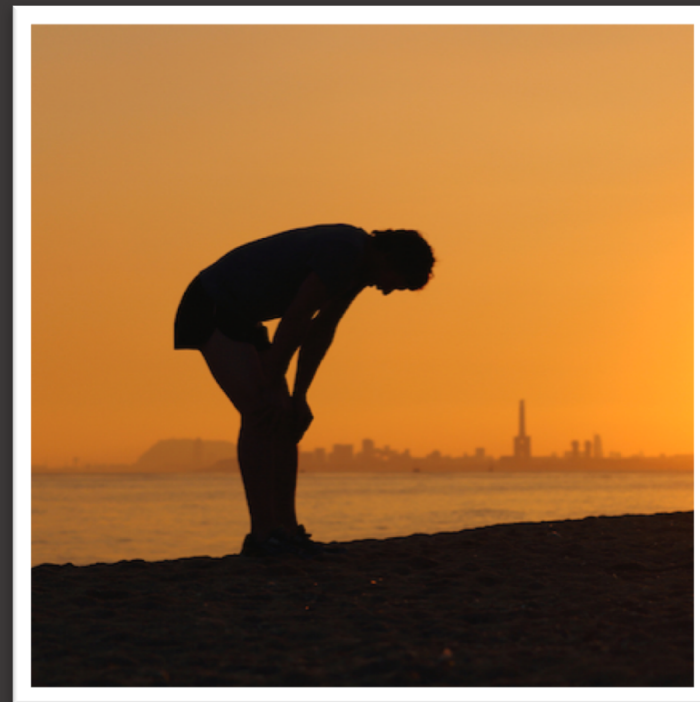
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# Disruption and personal autonomy





A man in a dark suit, white shirt, and patterned tie is smiling and looking upwards and to the right. He is standing in an urban environment with brick buildings in the background. A semi-transparent dark grey horizontal band is overlaid across the middle of the image, containing the title text in white.

# Positive versus negative narratives

**This Silicon Valley start-up wants to replace lawyers with robots**

**BigLaw 'rapidly' losing out to NewLaw counterparts**

**What lawyers are doing now 'won't be good enough in a few years' time'**

**Law firms a 'Dickensian novel' in cyber-physical battle**

**Law firm without lawyers opens its doors**



**Law grad has a 'perfect resume' but can't get a job**

**Algorithms or advocacy: does the legal profession have a future in a digital world?**

Brian Simpson

Pages 50-61 | Published online: 18 Jan 2016

**THE NEW NORMAL**

**The End of Lawyers, Period.**





## 10 REASONS TO FEEL POSITIVE

1. Disruption is motivating lawyers to engage in much-needed self-reflection
2. Disruption is improving the quality of legal services
3. Disruption is making the law more accessible ... and fairer
4. Disruption is not making lawyers obsolete
5. Technology cannot replicate high-level thinking or the human connection (yet)
6. Disruption has not abolished the traditional opportunities available to law graduates
7. Disruption is creating new legal careers
8. Law schools are evolving in response to disruption
9. Disruption can lead to improved wellbeing and work-life balance
10. Disruption shows us how the legal profession must reinvent itself

A person stands on a rocky shore, looking out at a calm lake. The lake reflects the surrounding mountains and the sky, which is filled with large, white clouds. The sun is low in the sky, creating a bright reflection on the water. The person is silhouetted against the bright reflection on the water.

Disruption is motivating lawyers to engage in much-needed self-reflection



A hand holding a smartphone, with a bokeh background of colorful lights. The phone's screen is lit up, showing a colorful, abstract pattern. The background is dark with out-of-focus lights in shades of pink, orange, and blue. A semi-transparent dark grey bar is overlaid across the middle of the image, containing the text.

Disruption is improving the quality of legal services





Disruption is making the law more accessible ... and fairer




A man and a woman are sitting at a wooden table in a modern, sunlit office space. The man, wearing a suit and glasses, is pointing at a laptop screen. The woman, wearing a light blue shirt and a necklace, is looking at the screen. They are both focused on their work. The office has large windows and a brick wall. A glass of iced coffee is on the table. The text "Disruption is not making lawyers obsolete" is overlaid on the image.

Disruption is not making lawyers obsolete

A close-up shot of a white humanoid robot, identified by a name tag as 'Pepper'. The robot has large, expressive blue eyes and a friendly, slightly smiling mouth. It is holding a tablet in its right hand. The background is a blurred indoor setting with wooden paneling and a metal railing. A semi-transparent dark grey banner is overlaid across the middle of the image, containing white text.

Technology cannot replicate high-level thinking or the human connection (yet)



A grayscale photograph of a modern interior space. In the foreground, there are several white, curved modular sofa pieces arranged on a polished floor. In the background, a person with long hair is sitting on one of the sofa pieces, leaning against a wall and working on a laptop. The scene is brightly lit, with a large window or glass wall visible in the background.

Disruption has not abolished the traditional opportunities available to law graduates

A photograph of a modern workspace featuring a laptop on a white desk. The laptop screen shows a code editor with syntax-highlighted code. In the background, a larger monitor displays a webpage. To the left of the laptop is a white mug and a small potted plant. To the right is a vertical desk organizer. A semi-transparent dark grey horizontal band is overlaid across the middle of the image, containing the text "Disruption is creating new legal careers" in white.

Disruption is creating new legal careers



A photograph of a single, glowing incandescent lightbulb hanging from a ceiling. The ceiling features a grid of recessed lighting fixtures, some of which are illuminated, creating a pattern of light and shadow. The lightbulb is the central focus, with its filament clearly visible. A semi-transparent dark horizontal band is superimposed across the middle of the image, containing the text.

Law schools are evolving in response to disruption



Disruption can lead to improved wellbeing and work-life balance





Disruption shows us how the legal profession must  
reinvent itself

# Thank you

